

CAIN AND ABEL – ANGER, ENVY AND RESENTMENT

STUDY GUIDE

1. Genesis 4:1-9, Galatians 5:14-15, 19-21, Colossians 3:1-11

Where does anger, envy and resentment come from and what are their consequences?

2. Romans 12:15-16, Galatians 5:22-25, Colossians 12:17

What is your first reaction when you see others blessed and how do we overcome envy and resentment?

3. Psalm 139:23-24, Proverbs 4:23, 2 Corinthians 13:5,

Why is it important to examine our hearts daily?