

CONNECT STUDY GUIDE

BE ON THE LOOKOUT FOR SIGNS OF SPIRITUAL DRYNESS

Ephesians 3:16-19; Colossians 1:9-12; 1 Kings 19:3-5, Psalms 1:1-3; Isaiah 41:17-18; Isaiah 44:3; Isaiah 55:1

1. “Spiritual dryness is when you feel dehydrated and depleted in the inner man and the inner bank balance is now overdrawn or getting close to overdrawn status”. Share any experiences of how you come out of seasons of spiritual slump, and any lessons learnt during that time.

Jeremiah 2:1-5; 8-9; 13; 1 Samuel 28:6-8; 1 Kings 11:1-5; Hebrews 11:6; 2 Corinthians 13:5

2. One vital sign that we are nudging towards spiritual dryness is that we begin to question many things about our faith in God. Paul recommends that we use our spiritual dipstick to assess the state of our relationship with the Lord. Is this something you have done in the past, and what difference did this make to your walk with God?

Numbers 15:37-40; Deuteronomy 8:3; Psalms 19:7; Joshua 1:8; Hebrews 4:1-2; Isaiah 59:21; 1 Thessalonians 2:13; Psalms 36:7-9

3. The Word of God is a proven source from which believers can be revitalised. Share ways that have worked for you in terms of heeding the exhortation that men/women shall not live by bread alone.